

## PT MOMANYI'S PHYSIOTHERAPY DEPARTMENT REPORT DECEMBER 2015

It will be improper to forget God the far He has taken us all in terms of time and Health up to this moment.

God has been faithful to us as well as given us the opportunity to meet and interact in service provision.

I personally thank God for guiding me through the entire six months of service delivery at the Shanzu Workshop. It was a nice encounter as well as a learning experience to me as well as to all. I have interacted with and pray for God to bless all the people who are dedicated to serve the people especially the less privileged and vulnerable in the society.

I also take this opportunity to thank the management of Shanzu Workshop as well as the sponsors of the institution for giving me the opportunity to serve them in a capacity as a physiotherapist. As well as the support they gave me during the tenure I have been with them, may God bless you all abundantly.

Physiotherapy Department has been an integrated department in the centre. It has served the ladies in the institution offering guidance to the ladies seeking services.

Despite all the challenges I am please and humbled by the fact that the office has kept proper morals and ethical practices at the institution during the tenure.

The office has spearheaded the girls in rehabilitation which has seen the ladies grow confidence in gait pattern as well as muscle strengthening and improvement of joint range of motion is noticeable.

Proper walking aids were taught as well as wheelchair use training to ladies who could not use walking aids.

All the ladies who have attended treatment have been co-operative as well as adhered to all treatment schedule given to them.

A who is the most, newest of them all was brought in. She is amputant with wheelchair use. She came in with Cerebral palsy and had cellulites infection on her right lower limb. The cellulites, has since recovered and she is co-operative in rehabilitation. She needs to be encouraged to be independent on herself and perform basic\_duties by herself since she has the strength of the upper limbs.

B is a young who has paraparesis. She has been very co-operative and confident attended treatment. She has improved in Joint Range of motion as well as stability, in gait pattern. She needs to be encouraged in three point working gait pattern.

C is a young lady who has played an integral part in encouraging others to train. She has supported the rest including even aiding them in amputation as well as training with them in the exercise program. She needs to be encouraged to continue supporting the rest of the girls in rehabilitation.

D is has also been co-operative and encourages the rest to train hard as she also take part in the exercise program.

F also very cooperative and also seeks rehabilitation attention whenever she felt her back and limb has discomfort. She is encouraged to attend treatment progress more consistently.

Just to mention a few all the ladies who have been attending treatment have specific treatment program that promotes them achieve, both short term and long term goals as well as their physical functionality.

Thanks to all the ladies for making the treatment sessions a success.

May the God be with you all as you take a break from the institution and always be encouraged never to give up.